



## Physical Therapist and Co-founder



My name is Sharla Erich and I have enjoyed working as a licensed physical therapist for over 30 years. My work experience has taken place in a variety of settings including acute care, outpatient, nursing home, assisted living, memory care, adult day-care, home health and hospice, and in the public school system. I have treated a wide spectrum of clients ranging from pediatrics to seniors and treated numerous and varied acute and chronic diagnoses. I enjoy my job and appreciate the opportunity to work closely with individuals who are struggling with pain and dysfunction.

## Why Choose Us?

Paying privately for home therapy services like those offered by **Therapy to Me**, is becoming a necessity in today's health care environment due to high insurance deductibles and/or limited number of covered therapy visits per calendar year.

We make it possible for you to receive the care you need in the comfort of your home.



**(360) 712-3655**

**Info@therapytome.com**

**www.therapytome.com**

## Our Rates

We accept cash, check or credit cards as payment for services. We do not bill insurance. If you would like to submit a claim to your insurance company we will provide you with documentation to help you get reimbursed.

<b>Initial Evaluation:</b>	\$ 150.00
<b>Per Visit Charge</b> (up to one hour):	100.00
<b>Over One Hour</b> (15 minute increments):	25.00
<b>Travel Charge</b> (per 15 minutes outside primary service area):	20.00
<b>Insurance paperwork</b> (15 minute increments):	25.00

## Primary Service Area

- ◆ Chimacum, WA
- ◆ Discovery Bay, WA
- ◆ Hansville, WA
- ◆ Kingston, WA
- ◆ Port Gamble, WA
- ◆ Port Hadlock, WA
- ◆ Port Ludlow, WA
- ◆ Port Townsend, WA
- ◆ Poulsbo, WA



## Therapy designed for you!

- ◆ Pain Management
- ◆ Ambulation Training/Fall Prevention
- ◆ Strength/Endurance Training
- ◆ Balance/Coordination Exercises
- ◆ Range of Motion/Flexibility Exercises
- ◆ Stroke Treatment
- ◆ Cardiac Rehab
- ◆ Joint Mobilization
- ◆ Hip/Knee Replacement Surgery Rehab
- ◆ SI Joint Dysfunction
- ◆ Leg Length Discrepancy
- ◆ Benign Paroxysmal Positional Vertigo
- ◆ Amputee Education/Training
- ◆ Edema Control
- ◆ Lymphedema Care
- ◆ Caregiver/Home Safety Education
- ◆ Activities of Daily Living Training
- ◆ Massage Therapy
- ◆ Speech/Communication Disorders
- ◆ Swallowing Disorders
- ◆ Assist with Equipment Needs



## Therapy Services

- **Physical Therapy**
- **Occupational Therapy**
- **Speech Therapy**
- **Pediatric Massage**

**We will develop a customized care plan to meet your therapy needs.**

**Our licensed and insured therapists are experienced and compassionate professionals.**

**We understand the importance of your being comfortable inviting us into your home.**



**Providing therapy services to you in the comfort of your home.**



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**Email: [Info@therapytome.com](mailto:Info@therapytome.com)  
Website: [www.therapytome.com](http://www.therapytome.com)**

**Therapy to Me, LLC  
(360) 712-3655**